



# Pledge

## *To work for a good cause*

Good things grow in Helsinki thanks to the help of volunteers. I/we therefore pledge to help keep the city's public parks and green areas clean and beautiful by taking care of the green area specified below.

### **Volunteer's contact information**

Name:

Address:

Telephone:

E-mail:

Year of  
birth:

**Selected park or green area:**

**Estimated number of hours to be devoted to volunteer work:**

### **Local Park Pals Supervisor**

Name:

Telephone:

E-mail:

### **I/we have received the following supplies and equipment**

Park Pals safety vests	pcs	Handbook for Park Pals	<input type="checkbox"/>
Litter pickers	pcs	Park Pals calendar	<input type="checkbox"/>
		Insurance card	<input type="checkbox"/>

Your contact information will be recorded in the Park Pals register and sent to the Volunteer Work Coordinator and the local Park Pals Supervisor.

## Useful information for Park Pals:



The City of Helsinki appreciates the volunteer work performed in public parks and green areas by Park Pals. Your work helps make our city a more attractive and pleasant place for all residents.



Helping out as a Park Pal will provide you with a good feeling, healthy activities in the fresh air and even new friends and acquaintances. You will also serve as an inspiring example for all residents of Helsinki as someone who cares for your environment.



Your Park Pals Supervisor is a trained professional in managing parks and green areas. Feel free to turn to your local supervisor whenever you need assistance, for example to replace broken equipment or to remove excess litter that does not fit in the public trash bins.



You can also turn to your Park Pals Supervisor if you are inspired to take on more demanding tasks. Your Park Pals Supervisor can best be reached during office hours: Mon-Wed 9am-3pm and Thu-Fri 9am-2pm.



All registered volunteers for the City of Helsinki are covered up to the age of 80 by group accident insurance while performing volunteer work.



If you would like to borrow equipment, such as rakes during the autumn, ask your Park Pals Supervisor.



If passersby ask what you are doing, feel free to tell them about the Park Pals programme and how they too can volunteer. Refer them to the website [www.hyvakasvaa.fi](http://www.hyvakasvaa.fi)



The Public Works Department is keen to further develop the Park Pals programme, so your feedback is very much appreciated. You can give feedback to the Volunteer Work Coordinator by sending an e-mail to [puistokummit@hel.fi](mailto:puistokummit@hel.fi) or by calling (09) 310 39652.



The City of Helsinki thanks you for pledging to work for a good cause and hopes that you will enjoy spending time in the city's parks and green areas!



If at any time you no longer wish to volunteer as a Park Pal, please notify the Public Work Department's customer service (tel. 09 310 39 000, e-mail: [rakennusvirasto@hel.fi](mailto:rakennusvirasto@hel.fi)) or the Volunteer Work Coordinator (tel. 09 310 39652, e-mail: [puistokummit@hel.fi](mailto:puistokummit@hel.fi)).